



Happy Thanksgiving!



**MCTOWNE SCHOOL NOVEMBER 2009 MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
2) Chicken Patty on a Roll Lettuce and Tomato Smiley Face Fries Chilled or Fresh Fruit	<b>3) Daily Menu Offerings:</b> B: Sandwich of the Week C: Grilled Cheese and Soup D: Bagel with Yogurt E: Pizza (MTW) F: Chicken Caesar Salad G: Chicken Patty/Roll (Fri)	4) <b>Nachos Supreme!</b> Lean Meat, Cheese, Lettuce, Tomato Mild Salsa, Corn Dinner Roll Chilled or Fresh Fruit	5) <b>Faculty Lunch:</b> Caesar Salad <b>Sandwich of the Week:</b> Meatball Sub	6) <b>Sal's North End Pizza</b> Choice of Toppings <b>Fresh Garden Salad</b> Seasonal Fruit
9) <b>Breakfast for Lunch!</b> Mini Pancakes with Syrup Jones Light Sausage Cinnamon Spiced Apples <b>Sticker Day!</b>	10) Baked Chicken Rings with Dipping Sauce <b>Fresh Broccoli</b> Potato Puffs Chilled or Fresh Fruit	11) Veteran's Day No School	12) <b>Faculty Lunch:</b> Tossed Salad <b>Sandwich of the Week:</b> Rib-A-Que Sandwich	13) <b>Pizza Mania!!!</b> All your Favorites with Choice of Toppings <b>Fresh Caesar Salad</b> Chilled or Fresh Fruit
16) <b>Breakfast for Lunch!</b> French Toast Sticks with Syrup Warm Sliced Ham <b>Fresh Orange Smiles</b>	17) Popcorn Chicken with Dipping Sauce Steamed Rice Green Beans Dinner Roll Chilled or Fresh Fruit	18) Early Release No Lunch Served	19) <b>Faculty Lunch:</b> Tossed Salad w/ Tuna <b>Sandwich of the Week:</b> Turkey Club Sandwich	20) Max Pizza Sticks with Marinara Sauce Tender Sweet Corn Chilled or Fresh Fruit
23) <b>Build Your Own Burger</b> Hamburger on a roll Lettuce, Tomato, Onion Pickles, Cheese & Fries Chilled or Fresh Fruit <b>Sticker Day!</b>	24) Early Release No Lunch Served	25) Early Release No Lunch Served	26) <b>Thanksgiving</b> <b>Faculty Lunch:</b> Chicken Caesar Salad <b>Sandwich of the Week:</b> Turkey Gobbler Wrap	27) No School
30) Teriyaki Chicken Dippers Steamed Rice <b>Fresh Stir Fry Vegetables</b> Dinner Roll Pineapple Fortune Cookie		Choice of Milk Served Daily 100% Juice available with all lunches.	<b>Faculty Lunch:</b> Oriental Chicken Salad <b>Sandwich of the Week:</b> Ham and Cheese Croissant	<b>Fresh fruit and fresh Vegetables are offered Daily. Menu subject to Change without notice. Meals are planned to Meet the Dietary Guidelines.</b>

Questions or Comments? Please contact Kirsten Nelson, Food Service Director at 978-264-4700 ext. 3221  
Visit our Website @<http://ab.mec.edu/schmenus.shtml>. It is our Pleasure to serve you!!!